

Take the



The 30 Day Transformation Challenge is designed to take your health to the next level by rewarding simple lifestyle choices and providing group encouragement and accountability.

Here's how it works:

For 30 days, participants track their progress and earn points in areas such as:

- Health & Weight Goal Setting
- Daily Water Intake
- "Clean" Eating
- Incorporating Nutritional Cleansing Products*
- Exercise
- Minimum sleep requirements
- Technology Breaks (turning off electronics)
- and more

(*optional but recommended for your best results)

Why Participate:

- Win Cash Prizes
- Accountability
- Group Support
- Learning New Healthy Skillsets
- Results, Results, Results
- Have FUN!

Join Us at

OurDestinyTeam.net/30day

Our last Challenge Winners Each won \$450!

